

MARCH CCS LUNCH MENU



Catholic Community Services (CCS) lunch is for seniors 60+ at a suggested donation of \$3.50. Under 60 years is \$6 and served on Monday & Wednesday. CCS lunch is open to the Public

Monday, March 3rd

Tuna Noodle Casserole w/ Peas
Carrots & Raisins Salad
Peaches

Wednesday, March 5th

Chicken Salad Sandwich
Strawberry Spinach Salad
Mixed Berries & Whip Cream

Thursday, March 6th – Lunch by Sheryl

Macaroni & Cheese
Salad & Yummy Dessert
Reservations: 253-514-6338 x7

Monday, March 10th

Salisbury Steak W/ Gravy
Mashed Potatoes
Sautéed Spinach & Fig Newton

Wednesday, March 12th

Vegetarian Lasagna
Green Beans
Sautéed Cinnamon Apples

Monday, March 17th

Irish Stew Beef & Cabbage Potatoes & Carrots
Biscuits
Apples & Cinnamon

Wednesday, 19th

Fish Taco
Rice & Beans - Berries & Whip Cream

Monday, 24th

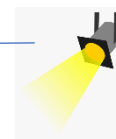
Sweet & Sour Pork
Vegetables & Rice
Fortune Cookie & Ice Cream

Wednesday, March 26th

Oven Fried Chicken
Broccoli Normandy & Roasted Potatoes
Wheat Roll & Orange

Monday, March 31st

Swiss Cheeseburger
Lettuce & Tomatoes Wedge
Fries & Mixed Berries



Wisdom Wednesday
enjoyable/informational/educational

Wednesday, March 5th

Estate Planning

Hear the essentials of estate planning, including wills, trusts, powers of attorney and beneficiary designations from professionals

Wednesday, March 12th

Brain Teasers

Activate those brain cells in this fun game

Wednesday, March 19th

Memory Wellness

Practical steps to take to keep your brain healthy with Matt Santelli, Pierce County ADRC

Wednesday, March 26th

Birthday Party-Family Feud Frivolity

~~Cake, Singing and a fun game sponsored by Amiee Wilkins, Continuum Care Hospice. & Ty Englund, Prosper Insurance Advisory~~

Tuesday Lunch Bunch: Each Tuesday a local restaurant is identified for a no-host lunch. If you wish to participate, be at the Senior Ctr. before 11:30am for location and possible carpooling.